



**Martin House, Inc.**

*"Everyone Deserves A Safe Place To Live!"*

**401 West Thames Street, Building 700 – Norwich, CT – 06360 – Phone: (860) 889-6150 – Fax: (860) 892-9046**

Martin House, Inc. provides affordable, single-room occupancy housing, serving fifty-four adults who have experienced mental health problems, substance abuse issues, homelessness, and poverty. Our staff is on-site 24 hours a day, seven days a week, to address residents' needs.

Individual rooms are furnished with a twin bed, nightstand, lamp, bureau, and chair; residents may choose to purchase a small refrigerator, coffee pot and microwave for their room. In addition to a private room, program fees include three cafeteria-style meals per day. While we are not equipped to accommodate special diets, we are mindful of various dietary restrictions when preparing meals.

Martin House is not just a place to live; it is a place for adults who have made the commitment to improving their lives. We expect residents to use the program as a foundation so they can work toward achieving their goals. We offer a framework for residents and have an expectation that they will put forth effort to move toward the next level of independence. The average length of stay is four to five years.

Each resident is expected to participate in regular, productive activities of their choosing. Work, education, and volunteering are examples of these. There is an expectation that residents will take pride in the upkeep of their private spaces as well as the facility as a whole. Room inspections are conducted weekly. Residents may be asked to assist with dining room set up, dishes, cleaning bathrooms, vacuuming common areas, etc.

Martin House is designed for people in the active phase of recovery moving toward maintenance. We are an abstinence model of recovery, requiring candidates to have achieved at least 6 months of abstinence in a non-contained environment prior to admission. Residents are expected to maintain abstinence, as are their guests. Residents who use alcohol or illicit substances will be referred for treatment assessment. If they refuse and continue to actively use, they will be asked to leave at the discretion of the Executive Director. Our intent is to prevent homelessness while ensuring that all Martin House residents are safe.

Martin House has a memorandum of understanding with a local agency to provide medication administered by nursing personnel on site at Martin House. Residents are expected to take their medications as prescribed, however, they may refuse to take their medication, in which case, that would be documented by nursing personnel and reported to program staff. Residents will not be asked to leave for refusing medication unless the resulting symptoms create an unmanageable environment for the resident, other residents, or staff.

For residents with incomes less than \$15,000 annually the program fee is \$640 per month. For residents with annual incomes greater than \$15,000 the program fee is \$745 per month. If a resident chooses to have a landline phone/cable in their room, it is their responsibility to arrange and pay for the additional service(s). Overnight guests are prohibited. Guests may visit 7 days per week between the hours of 9am to 11pm.

MH is a smoke-free environment; smoking is permitted outside the building in two designated areas outside only.

### **Applying for residency**

People may self-refer by calling or emailing. If a referral is through a community provider, an interagency referral form needs to be submitted. If there are no openings the referral will be dated and filled pending an opening. If the referral information is consistent with moving forward and there is an opening an interview will be set up. Please be aware that tours are not offered other than at the time of the interview.

If you are interested in knowing more, please contact Lori Goepfert, Housing Supports Program Director at [loris@martinhousect.org](mailto:loris@martinhousect.org) or (860) 889-6150, Monday through Friday, 9am to 4pm.

### **Non-discrimination statement**

Martin House does not discriminate on the basis of race, color, national origin, disability, sex (including gender identity and sexual orientation), and other protected classes.